## About the GI-MAP<sup>™</sup> Test

## What is the GI-MAP<sup>™</sup> stool test and how can it help?

The GI-MAP test is one of the most comprehensive stool tests on the market. It allows your health care practitioner to see what is happening inside your gastrointestinal system. The test focuses on specific microbes that tend to disturb the normal balance of your microbiome which can cause digestive problems as well as other chronic health conditions.

## Who should consider doing a GI-MAP<sup>™</sup> stool test?

The test is ideal for those suffering from digestive complaints such as constipation, diarrhea, bloating, reflux, stomach pain, irritable bowel, and inflammatory bowel conditions.

This test is also valuable for those suffering hormonal imbalances as the test measures Beta glucuronidase which can affect the detoxification of estrogen, leading to estrogen dominant conditions.

The GI-Map test also aims to get an extensive collection of microbial targets and digestive and immune markers, making it a huge help for those who have or are suspecting that they have autoimmune disorders and chronic ailments.

If you're experiencing anxiety or depression this can be strongly influenced by your gut bacteria, research suggests the gut has a strong influence on brain health.

As this is a simple stool test, it can be done at any age, from children to the elderly.

## The benefits of the GI-MAP<sup>™</sup>

The GI-Map screens the body for commensal and pathogenic bacteria, parasites, fungi, opportunistic pathogens and viruses all which can have a negative impact on your health if imbalanced.

The GI-Map also tests for leaky gut, pancreatic function, gut immune response and gut mediated inflammation providing your healthcare practitioner a clear view of what is happening in your gastrointestinal tract enabling them to formulate an individual and effective treatment for your needs.